

# TIE-DYE SHIRTS



## SUPPLIES NEEDED:

- Yellow, Black, Red & Green dye (follow kit instructions)
- Water in spray bottle, sink or bucket
- Rubber Bands
- Disposable Gloves
- 100% Cotton White Shirts
- Plastic bags to store finished shirts overnight
- Sharpie Marker to mark names
- Tarp or plastic covering to protect tables/surface from stains

## STEP-BY-STEP INSTRUCTIONS

1. Write child's name on tag of shirt, and dampen.
2. Ring out excess water. If the shirts are too wet, the dyes will run together.
3. Lay your damp t-shirt out flat onto a covered surface. For a perfect center spiral, locate the center of the collar and the section just under the sleeves. This is your center point for your spiral tie dye! Pinch the fabric at this point and twist into a swirl. Keep twisting the fabric tightly until the entire shirt is formed into a spiral shape. Use 3 rubber bands to hold your spiraled shirt in place, crisscrossing the rubber bands to create 4 wedge shapes.
4. Wearing the plastic gloves, apply a color (Yellow, Black, Red, Green) to each of the wedge shapes created with the rubber bands. There's no wrong way to tie dye! However you decide to apply your dyes, flip over your spiral and match the dyes in the same color pattern on the back.
5. Place your dyed shirt into a sealable plastic bag or wrap in plastic wrap to keep it damp while the dye completely processes. This will take 6 to 8 hours or overnight if you want to give it some extra time.  
Note: It's important for the fabric to remain damp while the dye sets so it can fully absorb into the fabric fibers.
6. Once the dye has fully processed, remove the rubber bands and check out your spiral tie dye! Rinse, wash and dry OR give the parent's instructions to do so at home.

